



Household Downsizing and Estate Dispersal

Smooth Transitions® provides individuals and families the emotional and physical assistance needed in making a change in living arrangements.

Downsizing Each situation is different and Smooth Transitions® is there to help as little or as much as you need. It might be just giving directions for you and your family members to do the work yourselves. Sometimes selecting a place to move, deciding what to take, finding a mover, packing, moving, unpacking and getting rid of the leftovers can seem overwhelming. Smooth Transitions® can help with as little or as much of the move as you and your family needs.

For out-of-town family members, Smooth Transitions® provides peace of mind that someone is coordinating your family member's affairs with the personal attention you would give.

Estate Dispersal Smooth Transitions® also provides services for the dispersal of household belongings after the death of a loved one.

A death in the family introduces a whole new set of responsibilities, from removing personal belongings to the complete shutdown of an established home site. Daily responsibilities or distances can make these tasks seem even more overwhelming.

Smooth Transitions® can help make these tasks feasible and timely. Working under the direction of family members, attorneys or trust officers, we organize and distribute the estate according to your

and your family member's wishes. From the most simple sorting to arrangements for cleaning and repair work, taking the pressure off already trying times is as easy as a phone call.

Pre-Planning In addition, Smooth Transitions® offers individuals and families pre-planning, providing direction for future dispersal of personal and household belongings.

Smooth Transitions® is designed to fill in on the things that seniors and their family members can't or don't want to do. It can mean a consulting session for those who can do some of the things themselves or doing each step of the move from start to finish. Each project is different. Smooth Transitions® can do as little or as much as required.

Fees Charges are based on hourly rates plus expenses. A deposit is required at time of contract. Sometimes items leftover in the home that are sold cover the costs of Smooth Transitions' services. Please e-mail or call for more information or an appointment.

360-403-5515

What Smooth Transitions® can do to help:

- deciding what to take
- sorting household treasures
- changing utilities
- making moving arrangements
- packing
- orchestrating move day
- unpacking
- setting up new home
- shipping items to family members
- arranging for sale of household belongings
- donating leftovers
- trash hauling
- cleaning the house
- arranging repairs
- finding good homes for treasures of a lifetime

Gift Certificates Gift certificates are available. If you know a senior who could use some help in making a move, help them get started by giving them a gift certificate for Smooth Transitions® services.

About Us Like most people drawn to this business, Robin had personal experience with her mother and aunt's estates. Before becoming a senior move manager, Robin owned a consignment store for 13 years helping widows, widowers and adult children find good homes for their vintage clothing and other treasures.

Her outgoing spirit and take charge attitude help make the process seem easier than it is. And her organizational skills, along with empathy for the emotional aspects of a move of a lifetime, make Robin the ideal person to help with your move or dispersal.



Robin Abb

Client Comments

"Many, many thanks for your wonderful management. You took over the difficult and sometimes seemingly impossible chores, and made them disappear like magic."

S.W.

"Regarding the work of Smooth Transitions at the home of my father. . .we are most pleased with the work done. . .being out-of-town put us at such a disadvantage. Both realtors commented on your quality work at the closing."

G.W.

"Words can never express our deep affection and appreciation for the great job you did to make our 'transitions smooth'. You are so well organized and know all the right people to call. And very compassionate. I hope you don't mind, but we have adopted you as a member of the family."

H.V.

"I continue to be so grateful for all you did for us, moving Mom out of her house. And then out of her apartment in the retirement community."

M.R.

"I totally believe in you and your service. It is so good to know someone trustworthy who can assist our dear folks at a time when they need help so badly. Thank you for being there."

J.B., administrator of a retirement facility

Speaking Engagements If you would like Robin Abb to speak to your group about downsizing or "getting rid of stuff," please e-mail Robinabb60@gmail.com or call 360-403-5515. The humorous presentation can put a positive focus on what can be an overwhelming task.

About Smooth Transitions[®]

Barbara Morris launched Smooth Transitions[®] in Louisville, Kentucky, in 1995 and now has sixty licensees from twenty-three states, Canada and New Zealand. Morris is the author of *Moving for Seniors: A step-by-step workbook* and a founding member of the National Association of Senior Move Managers (NASMM). For more information, visit the website at www.movingforseniors.com.



The National Association of Senior Move Managers, (NASMM) is a non-profit

professional association of companies whose goals are to help older adults and their families with all aspects of moving—physical and emotional. NASMM is committed to providing the compassion, respect and independence to seniors as they move from one home to another. For information on NASMM, see its website nasmm.org.

SMOOTH TRANSITIONS[®]
OLYMPIC PENINSULA^{LLC}

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OLYMPIC PENINSULA^{LLC}
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**MOVING
for
SENIORS**

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